

NES Daily Schedule

Montessori and More!



As a parent, it's **helpful** to know what your child's daily life in the classroom will look like! This daily schedule is a **reflection of the day-to-day activities** your child will become engaged in.

*Please note that this schedule may be temporarily modified to accommodate for weather, early/late parent drop-offs and pick-ups, and the ever-changing needs of the Northeast Stars Montessori classroom!

Approximate Times	Description of Activities
7:30 am – 8 am	BEFORE CARE – Children dropped off at this time will help teachers with age-appropriate tasks in setting up the classroom for the day.
8 am – 8:30 am	DROP OFF – At this time, children are encouraged to practice self-care routines, such as taking off shoes to put on slippers, putting backpacks away, hanging coats up, and saying goodbye to you as you go to work and they go to school. For Parents - Doors to the school are secured at all times. Depending on the campus, please either call the phone or ring the doorbell to gain entry into the building. For the first few weeks, please allow plenty of time for your child to go through their new self-care routine.
8 am – 11 am	MONTESSORI INDEPENDENT WORK TIME – The Montessori Work Period is an integral part of our day! Your child's fine and gross motor skills are engaged through age-appropriate and level-appropriate activities. Some weekly scheduled group activities include <u>yoga</u> , <u>music</u> , and <u>science</u> . *Self Serve AM Meal is available to older students throughout the morning; AM Meal for younger students is teacher-assisted during a set time in the morning.
10:30 am – 11 am	CIRCLE TIME – Children gather for a group discussion about relevant topics, historical events, upcoming holiday traditions, or a fun weekly activity. These activities are featured in our Weekly Newsletter to you!
11 am – 12 pm	OUTDOOR/INDOOR PLAY TIME – <u>Weather permitting</u> , teachers lead children on a nature walk or to the park for some much-appreciated social play time with their peers! Shape ropes are utilized in these walks. <u>If weather does not permit</u> children and teachers to go outside, the classroom is engaged in a gross motor game or activity that allows for movement and play.
12 pm – 12:30 pm	LUNCH TIME – Students gather in self-chosen peer groups to eat their bagged lunches. *Due to health and safety code, please label lunches with your child's name and the date. Masking tape is provided in the lobby for this purpose. Also, please note that liquids which must remain cold need to be packed with an ice pack. If not packed with an ice-pack, teachers are unable to serve the beverage to your child.*

Montessori and More!



Approximate Times	Description of Activities
12:30 pm – 2:30 pm	<p>ADVANCED MONTESSORI WORK TIME OR NAP TIME –</p> <p><u>Children who require naps</u> are encouraged to put away their lunches by themselves, wash their hands, remove their shoes/slippers, and find their nap roll. Assistance by teachers is given when required. Children who wear pull-ups are awoken before 2:30 to allow ample time to change their pull-ups.</p> <p><u>Children who are not required to take naps</u> are encouraged to explore further their interests in math, writing, reading, history, etc. Age-appropriate and level-appropriate work is provided by the teachers to facilitate in their exploration.</p> <p><u>At the end of nap time</u>, children are encouraged to use the bathroom, roll up their nap roll, find their shoes/slippers and put them on, and to find a space in the group circle. Assistance by teachers is given when required.</p>
2:45 pm – 3 pm	<p>END OF DAY PICK UP – Children whose parents are arriving are encouraged to begin their end of day self-care routine, including putting on coats and backpacks, putting on shoes/putting away slippers, and saying goodbye! <u>Please note that the After School Program starts at 3 pm - any child who is not picked up within this time frame is included in the After School Program attendance.</u></p> <p><u>For Parents</u> - Doors to the school are secured at all times. Depending on the campus, please either call the phone or ring the doorbell to gain entry into the building. For the first few weeks, please have your ID available to show the teachers assisting in pick up. Also, please allow extra time for your child to complete their new self-care routine!</p>
3 pm – 6 pm	<p>AFTER SCHOOL PROGRAM (EXTENDED DAY) – Children who are in the After School Program enjoy an afternoon of crafts, fine and gross motor skill play, a nature walk or playground excursion (weather permitting) and a snack!</p> <p><u>For Parents</u> - Doors to the school are secured at all times. Depending on the campus, please either call the phone or ring the doorbell to gain entry into the building. For the first few weeks, please have your ID available to show the teachers assisting in the After School Program pick up. Pick up can occur at any time during the After School Program. Also, please allow extra time for your child to complete their new self-care routine!</p>

Would you like to see the schedule in action?

Call us or [Schedule a Visit Online](#)

PHONE: 703 – 945 – 0408 » EMAIL: northeaststarsmontessori.nes@gmail.com » WEBSITE: nestars.net